

2017 Tier 3 High Performance Training

Please see below your **2017 Tier 3 Grouping's**.

Please note that we have allocated ALL squad member to what is best for the Locations. We have made start times later to allow for those that have to travel. It is not viable for groups to only have 2/3 members hence why this year some will have to travel to Mt Gambier or Sandy Creek. Should you have any major concerns please call Sophie on 0488 604 634.

Central To be held at North Adelaide GC Coach - Jamie Clutterham & Simon MacWhirter		Southern To be held at Mount Gambier GC Coach - Craig Davis	Northern To be held at Sandy Creek GC Coach - Brayden Wauchope
Alex Siegmund	Jai Brown	Ben Walther	Jimmy Luo
Boston Price	Jarred Clarke	Mitchell Handford	Justin Woods
Cameron Bickley	Mitchell Ward	Sam MacLeod	Liam Zeller
Darcy Burns	Darcy Salamon	Luke Sandford	Shakira-Ann Kuys
Doyle Kelly	Nicholas Siegmund	Tilly Miels	Jessica Smith
Harry Edwards	Will Stratford		
Jackson Szyszlak	Mitchell Hawthorne		
Caitlin Peirce	Jade Kinita		
Nayoung Ku	Rebekka Stutley		
Amelia Whinney	Holly Burns		
	Yike Ma		

Please see following on training calendar. Should you not be able to attend a session please let your coach know PRIOR to the session.

February 2017

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4 CENTRAL JC/SW 1-5pm @NAGC	5 TTG Vardon
					SOUTHERN CD 1-5pm @ Mount Gambier GC	
6	7	8	9	10	11 NORTHERN BW 12-4pm @ Sandy Creek GC	12
13	14	15	16 Aus Women Open	17 Aus Women Open	18 Aus Women Open	19 Aus Women Open
20	21	22	23	24	25	26
27	28					

March 2017

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4 <i>CENTRAL</i> JC/SW 1-5pm @NAGC	5
6	7	8	9	10 Cudmore/Border	11 Cudmore/Border	12 Cudmore/Border
13 Public Holiday	14	15	16	17	18 <i>NORTHERN</i> BW 12-4pm @ Sandy Creek GC	19
20	21	22	23	24	25 <i>SOUTHERN</i> CD 1-5pm @ Mount Gambier GC	26
27	28	29	30	31		

April 2017

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1 Interstate Series	2 Interstate Series
3 Interstate Series	4 Interstate Series	5 Interstate Series	6 Interstate Series	7 Interstate Series	8 Interstate Series	9 Interstate Series
10 Interstate Series	11 Interstate Series	12 Interstate Series	13 Interstate Series	14	15	16
17	18	19	20	21	22 NORTHERN BW 12-4pm @ Sandy Creek GC	23
24	25	26	27	28	29	30

May 2017

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7 PENNANTS
8	9	10	11	12	13	14 PENNANTS
15	16	17	18	19	20	21 PENNANTS
22	23	24	25	26	27 SOUTHERN CD 1-5pm @ Mount Gambier GC	28
29	30	31	JC/SW to confirm 3rd Session at NAGC			

Contacts

High Performance Coordinator

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Coaches

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